



## Return to Play Preparation Plan

### Club Responsibilities

- Educate coaches, parents and players regarding return to play guidelines as set forth by the NJDOH and NJYS.
- Actively encourage coaches, parents and players to stay home if they are not feeling well.
- Ensure general waivers are signed digitally by parents at time of registration. A hard copy of a signed communicable disease waiver is to be collected at the start of the first attended session for each participant, coach, volunteer and employee.
- Prepare or work with town to develop proper signage to help remind parents, players and coaches regarding proper social distancing guidelines (NJYS sign).
- Schedule sessions to minimize contact between entering and exiting players.
  - Players to be instructed to not arrive prior to **15 minutes** before session start
- Plan for safe entrance and exit of SF/HH complex.
- Screen all coaches and participants utilizing a health questionnaire and temperature reading prior to each session (temperature to be taken at home prior to leaving for the field).
- Communicate check in procedures to families to ensure an accurate and efficient process.
- Inform members that there may not be Public Bathrooms available at all fields – all members are encouraged to use restroom facilities prior to arrival at session.
- Purchase bibs/pinnies for players to eliminate the shared use of common items.
- Provide hand sanitizer to coaches until such time as sanitizer stations are installed by the town.
- Provide professional coaches with spray bottles containing disinfectant to be used on equipment after each session.
- Ensure staff is wearing the proper face coverings while at the fields and social distancing measures cannot be maintained.
- Designate a COVID-19 point of contact for all staff, coaches, players and families to contact with related issues.

- Rich Pardo – WSA Club Administrator

### **Coach Responsibilities**

- Stay home if feeling sick, have COVID-19 symptoms (click [here](#) for a list as per the CDC) or have recently had close contact with a person who has COVID-19.
- Ensure proper hand hygiene by sanitizing before and after each session.
- Maintaining all equipment including placement for activities prior to the session, changes during the session and removal from the field after the session. If said equipment is handled by players, it must be properly cleaned and disinfected after the session.
  - Definition of equipment – cones, goals & balls
- Proper wearing of face coverings (covering nose and mouth) from the car to the field, during the session (unless involved in strenuous activity), when social distancing cannot be maintained and on the way from the field back to the car.
- Bring own water and drinks to sessions as well as food and do not share any personal items with players, parents or other coaches.
- Maintain social distancing guidelines with players at all times – including set up of specific coned locations for players to place personal items away from other players by a distance of at least six feet.
- Ensure social distancing guidelines are maintained during breaks while on the sidelines and that players separate by a distance of at least six feet.
- Refrain from handshakes and high fives with players and other coaches as well as close team huddles during sessions.
- Immediately separate any ill player from the group and contact parents to come pick them up as soon as possible while maintaining your social distance.

### **Parent Responsibilities**

- Print and sign online liability waiver prior to the start of any program and bring printed signed copy to start of first session; no participation will be allowed without submission of printed, signed waiver.
- Take temperature of your player prior to leaving for the field.
- Complete (include temperature reading), sign and hand in the WSA Health Questionnaire prior to each session or game.
- Stay home if feeling sick, have COVID-19 symptoms (click [here](#) for a list as per the CDC) or have recently had close contact with a person who has COVID-19.
- Keep your child home if you or any of your immediate family develops COVID-19 symptoms.
- Communicate with your child check in procedures, general social distancing guidelines, and face covering guidelines.
- Elementary School: Parent and player must wear masks. Accompany player to check in location. If your child passes the screening process and is allowed to participate in the session, parents may either remain in an area designated by the trainer (most likely the

cone where your child will leave his/her water bottle or equipment) or leave the field area. Parents who choose to stay in the designated area can bring a chair to sit on but should not expect to meander around the sidelines.

- Middle School and above: Stay in the car at drop offs and pick-ups. When dropping off, make sure your child has passed the screening process and is allowed to participate before leaving the field area. If your child is more comfortable having you at check in during the screening process, please accompany him/her to the check in location while wearing a mask and then leave the field area once he/she is cleared.
- Understand that a temperature reading of 100.4 or above and any “yes” answers on the health questionnaire will result in a player being excluded from practice. Ensure that your child understands this as well.
- Car-pooling with the exception of immediate family is discouraged.
- If you must speak to an official at the field properly wear a face covering.
- Provide your child with hand sanitizer for their personal use during sessions.
- Ensure clothing and equipment are cleaned prior to or after each session.
- Be available to pick up your child immediately should they become ill.
- Keep an eye on the weather and be prepared to immediately pick up your child should storms enter the area.
- Do not assist coaches with equipment.
- Ensure proper hand hygiene by your child before and after sessions.
- Pick up your child promptly at the end of his/her session.

### **Player Responsibilities**

- Stay home if feeling sick, have COVID-19 symptoms (click [here](#) for a list as per the CDC) or have recently had close contact with a person who has COVID-19.
- Stay in your car until the designated check in time prior to your session and come to the field ready to play with all equipment already on. Changing at the field is prohibited.
- Properly wear face coverings to and from your car before and after sessions.
- Bring club provided pinnie(s) to each session if applicable.
- Wash your hands thoroughly before and after sessions.
- Bring hand sanitizer to all sessions.
- Maintain social distancing while on the sidelines or during breaks and place personal items at least six feet from other players, at specified designated cone/location.
- If the player needs to use an available restroom, they must put on their face covering to and from the restroom and upon returning to the field put their mask away with their personal items and use hand sanitizer before returning to play.
- Do not touch any of the equipment with your hands (cones, goals, etc.)
- Do not share food, drinks or any other personal items with other players or coaches.
- No horseplay of any kind is permitted.
- Do not spit while in the playing facility.
- Cough into your arm. Do not cough into your hands.
- Do not give handshakes, hugs or high fives to other players or coaches.
- Vacate the facility immediately after your session.