New build out line rules 2018

20.2 All 7 v 7 Games will employ a Build Out Line and will incorporate the following rule modifications

The purpose of the Build Out Line (BOL) is to promote playing the ball out of the back in a less pressured setting. It also denotes where offside offences can be called.

20.2.1 Marking of the BOL

The two BOL's are equidistant from the penalty area line and the halfway line. They are parallel to the goal line. They can be painted on the field or marked with sideline or on-field flat cones, sideline flags, or any other reasonable and safe method.

20.2.2. Offside with BOL

- 1) The BOL will be used to denote where offside offenses will be penalized instead of the halfway line.
 - a) Players are not offside if they are between the BOL and the halfway line, but are in an offside position if they are between the BOL and the end line of their opponent's end of the field.

20.2.3 BOL - modified rules - Goalkeeper possession

If the goalkeeper has the possession of the ball in their hands:

- 1. The opposing players must retreat behind the closest BOL before the goalie is compelled to place the ball into play.
- 2. The goalkeeper has 6 seconds to release the ball. The count starts when the opponents have retreated behind the BOL.
- 3. The goalie may choose to put the ball in play prior to a full retreat of the opposing players to the BOL.
- 4. Opposing players may pressure the ball once the goalkeeper has put the ball into play, whether or not they retreated behind the BOL.
- 5. Goalkeepers must throw, roll or play with their feet to put the ball into play.
- 6. Goalkeepers cannot punt or drop kick the ball.
 - a) If a punt or drop kick occurs the restart is an indirect free kick at the point of the infraction.
 - b) If a punt or drop kick occurs inside the goal area the indirect free kick is taken at the goal area line parallel with the goal line at the point where the infringement occurred.

20.2.4 BOL - modified rules for goal kicks and defending free kicks behind the BOL

Once a goal kick OR a free kick (direct or indirect) has been awarded to a defending team and the spot of the kick is between the defending team's goal line and the BOL:

- 1) Before the kicking team is compelled to place the ball into play, the opposing players must retreat the greater of
 - a) behind the BOL
 - b) 8 yards
- 2) The kicking team may choose to put the ball in play prior to a full retreat of the opposing players to the BOL.
- 3) If an opponent pressures the ball before the ball is put into play, the free kick or goal kick is retaken.